

Public Health and Wellbeing Portfolio - Summary


Performance Summary



1. Performance highlights this quarter include:

- A new **Smoking Cessation Team** is being established in the County Council’s Public Health Directorate to significantly increase service capacity to support those who live or work in West Sussex to quit smoking, improving our local population’s health and reducing inequalities. The initiative is funded from £70m of new Government funding for local authority smoking cessation services in England over the next four years, as part of their approach to tackling smoking and creating a [smokefree generation](#) by 2030. The County Council will receive over [£1m](#), ring-fenced funding in 2024/25, with funding for subsequent years to be determined.
- The Director of Public Health is required as part of their statutory duties, to produce and publish an **independent Annual Public Health Report** on a topic of their choice. Led by the Council’s Public Health Directorate, they have engaged with colleagues from Children and Young People’s Services, partner organisations, and more, to develop this year’s report. As a retrospective report covering the period of 2022 to 2023, it explores children’s mental health and wellbeing both nationally and locally and highlights how the Council and its partners support children and young people, with listening to their voice at the heart of better understanding needs. The report reflects on learning that will inform future work that continues to make a difference to children and young people’s lives across the county.



Our Council Performance Measures

2. The following section provides KPI updates comparing performance over the last three periods (each measure will explain the reporting period).

Public Health and Wellbeing		2024/25 Target	Performance Over The Last 3 Periods			DoT	Year End Position or Forecast
6	Measure: Healthy weight of 10–11-year-olds. Reporting Frequency: Annually (November). Aim High Measure.	Top Quartile in South East (%TBC)	2020/21	2021/22	2022/23		A
			G	G	G		
			63.2%	65.6% (Target for 2021/22: 63%)	66.6% (Target for 2022/23: 66.1%)		

Public Health and Wellbeing		2024/25 Target	Performance Over The Last 3 Periods			DoT	Year End Position or Forecast
<p>Performance Analysis: Jun-24: Healthy weight of children is measured through the annual National Child Measurement Programme (NCMP), which is delivering well in West Sussex with high compliance. 2022/23 data for West Sussex (66.6%) is higher than the national average (61.9%) and similar to 2021/22 (65.7%). Data is reported annually, with data for the academic year 2023/24 expected in October 2024 as part of national reporting. Whilst the measure is reporting a RAG status of green, it is important to note that the data shows only two thirds of 10 to 11-year-olds in West Sussex are of a healthy weight, indicating there is a need to support a third of this population group to achieve a healthy weight. Obesity is a complex issue affecting all ages, which emphasises the importance of a family targeted approach, working across all age groups.</p> <p>Actions: The County Council's Public Health commissioned (mandated) service – the Healthy Child Programme (HCP) – continues to deliver the NCMP annually. National letter templates are sent to schools for parents/carers in preparation for delivery. Public Health continue to develop and implement a programme of work to support children to achieve a healthy weight.</p>							
31	<p>Measure: Healthy life expectancy (HLE) for men.</p> <p>Reporting Frequency: 3 Year Rolling Average (May).</p> <p>Aim High Measure.</p>	67.0 Years	<p>2018-2020 (West Sussex Data)</p> <p>A</p> <p>63.8 Years</p>	<p>2019-2021 (South East Data)</p> <p>A</p> <p>64.8 Years</p>	<p>2020-2022 (South East Data)</p> <p>A</p> <p>64.6 Years</p>		N/A
	<p>Performance Analysis: Jun-24: Healthy Life Expectancy (HLE) measures the years that a person can expect to live in good health. HLE data is published annually. The latest data were released by the Office for National Statistics (ONS) in March 2024, covering the periods 2019 to 2021 and 2020 to 2022. However, it is important to note that this release excludes estimates at local area level, including upper tier local authorities (UTLAs), because of data quality concerns on health state life expectancies estimates for small areas due to decreasing sample sizes of the Annual Population Survey (APS). Therefore, data for 2019-2021 and 2020-2022 for this measure relates to the South East region, rather than West Sussex specifically and is not comparable to 2018-2020 data reported. However, regionally, the data shows a 0.2 years downward trend for HLE for men between 2019-2021 and 2020-2022.</p> <p>Actions: There is no single action to improve HLE, but evidence shows the greatest impact will be achieved through addressing smoking, diet, and alcohol measures along with evidence-based healthcare interventions, such as identifying and treating people with high blood pressure. Public Health is implementing its approach to evidence-based prevention programmes through services across all stages of life as well as strategic approaches in collaboration with health and care partners, for example, the West Sussex Tobacco Control Strategy Action Plan.</p>						
32	<p>Measure: Healthy life expectancy (HLE) for women.</p> <p>Reporting Frequency: 3 Year Rolling Average.</p> <p>Aim High Measure.</p>	67.0 Years	<p>2018-2020 (West Sussex Data)</p> <p>A</p> <p>63.9 Years</p>	<p>2019-2021 (South East Data)</p> <p>G</p> <p>66.3 Years</p>	<p>2020-2022 (South East Data)</p> <p>A</p> <p>64.7 Years</p>		N/A
	<p>Performance Analysis: Jun-24: Healthy Life Expectancy (HLE) measures the years that a person can expect to live in good health. HLE data is published annually. The latest data were released by the Office for National Statistics (ONS) in March 2024, covering the periods 2019 to 2021 and 2020 to 2022. However, it is important to note that this release excludes estimates at local area level, including upper tier local authorities, because of data quality concerns on health state life expectancies estimates for small areas due to decreasing sample sizes of the Annual Population Survey (APS). Therefore, data for 2019-2021 and 2020-2022 for this measure relates to the South East region, rather than West Sussex specifically and is not comparable to 2018-2020 data reported. However, regionally, the data shows a 1.6 years downward trend for HLE for women between 2019-2021 and 2020-2022.</p> <p>Actions: There is no single action to improve HLE, but evidence shows the greatest impact will be achieved through addressing smoking, diet, and alcohol measures along with evidence-based healthcare interventions, such as identifying and treating people with high blood pressure. Public Health is implementing its approach to evidence-based prevention programmes through services across all stages of life as well as strategic approaches in collaboration with health and care partners., for example, the West Sussex Tobacco Control Strategy Action Plan.</p>						

Public Health and Wellbeing		2024/25 Target	Performance Over The Last 3 Periods			DoT	Year End Position or Forecast
35	Measure: Number of people completing evidence-based falls prevention programmes. Reporting Frequency: Annually (June). Aim High Measure.	500	2021/22	2022/23	2023/24	▼	A
	A		G	R			
			354 (Target for 2021/22 = 400)	425 (Target for 2022/23 = 400)	239 (Target for 2023/24 = 500)		
Performance Analysis: Jun-24: This data relates to falls prevention programmes within the West Sussex Wellbeing Programme – a partnership with district and borough councils across West Sussex). During 2023/24, 239 participants completed evidence-based strength and balance falls prevention exercise programmes within the West Sussex Wellbeing Programme across West Sussex. During this period, there was a pause in delivery while a new falls prevention programme was commissioned and mobilised, and likely impacted the end of year figure for this measure. These are one of a number of services with a falls prevention remit across the county, including NHS services which also deliver falls prevention programmes. The number of people completing falls prevention programmes overall in the county is therefore likely to be higher than the West Sussex Wellbeing Programme data reported here.							
Actions: West Sussex Public Health will continue to work closely with partners to deliver and improve this approach. Activity during 2024/25 will focus on ensuring the new falls prevention programme is running to full capacity and assessing possibility around targeting specific at-risk populations.							
53	Measure: Mental health – self-reported wellbeing – people with a high anxiety score. Reporting Frequency: Annually. Aim Low Measure.	20.5%	2020/21	2021/22	2022/23	▼	A
			22.4%	23.9%	24.5%		
<i>Please note: A RAG rating is not provided for previous data periods, as this is a new measure in the Council Plan for 2023/24.</i>							
Performance Analysis: Jun-24: Data since 2020/21 shows an upward trend, with most recent data 2022/23 showing a marginal increase of 0.6% between 2021/22 and 2022/23. West Sussex remains above the England national average (23.3%) and South East average (24.0%). The data source for this measure is the Annual Population Survey (APS) (persons aged 16+ years) from the Office for National Statistics (ONS). It is important to note, that the indicator is an estimate based on a sample of the population in the area. It is recognised that anxiety is not the only indicator of mental health but is appropriate to use due to being a key issue and collected on a national level so enables benchmarking at national, regional, and local authority level.							
Actions: This is a priority area for the County Council and partners and was added to Our Council Plan because of the assessed level of need in the population. In Q1, the Council with the NHS and partners continued to develop the all-age Public Mental Health Needs Assessment (PMHNA) which is due for publication shortly. This will inform the County Council's, the NHS and others' work to improve mental health and wellbeing and promote evidence-based approaches to improve this measure, including public mental health programmes, suicide prevention, and improving the skills and knowledge of people working in the NHS, Council, education, and other services. In addition, the Council's mental health communication and engagement campaign continues to raise awareness of mental health support, signposting to information, resources, and local services and targets most at risk groups. This work is delivered as part of the West Sussex Suicide Prevention Framework and Action Plan 2023 – 2027 focused on reducing risk of suicide and supporting increased access to mental health and wellbeing support in the county. Other actions within the plan will continue to be progressed and monitored during Q2.							
55	Measure: Chlamydia – proportion of females aged 15 – 24 screened. Reporting Frequency: Annually. Aim High Measure.	TBC					
Performance Analysis: Jun-24: Due to a change in national focus, data reporting and targets, it is proposed to amend the existing Council Plan measure to align with the national indicator in the Sexual and Reproductive Health Profiles, Office for Health Improvement and Disparities (OHID) data set, focused on the proportion of females screened rather than all persons.							

Public Health and Wellbeing	2024/25 Target	Performance Over The Last 3 Periods			DoT	Year End Position or Forecast
<p>Since this KPI was included in Our Council Plan, the focus of the National Chlamydia Screening Programme (NCSP), which aims to reduce the harms from untreated chlamydia infection, has been updated to focus on offering opportunistic screening to women. The rationale being that the harmful effects of chlamydia occur predominantly in women and other people with a womb or ovaries. Women and other people with a womb or ovaries include transgender men, and non-binary people assigned female at birth, and intersex people with a womb or ovaries. This means that in practice, chlamydia screening in community settings e.g. pharmacies and GPs, will only be proactively offered to young women. Services provided by sexual health services remain unchanged. Everyone can still get tested if they need, but men will not be proactively offered a test unless an indication has been identified, such as being a partner of someone with chlamydia or having symptoms.</p> <p>Actions: It is proposed to Cabinet that this measure is amended in line with changes in national data reporting and targets. It remains a priority to increase chlamydia testing opportunities and awareness across the county. An action plan has been developed with providers and stakeholders, with particular emphasis on increasing uptake of chlamydia online testing.</p>						
<p>Measure: Smoking quits</p> <p>Reporting Frequency: Quarterly, Reported two quarters in arrears – Accumulated.</p> <p>Aim High Measure.</p>	720	Jun-23	Sept-23	Dec-23		A
		122	370	509 (Target for 2023/24 = 600)		
<p><i>Please note: Data is reported cumulatively; final year-end data for 2023/24 was released in summer 2024 and is therefore reported in Q1 2024/25.</i></p>						
<p>Performance Analysis: Jun-24: A change in a national data reporting template impacted West Sussex outcome figures for Q4 (2023/24); this emerged close to the deadline for reporting. Consequently, it is not possible to report accurate full year or Quarter 4 figures, and data issues are being explored. However, data for the number of smokers engaged with the service and setting a quit date have increased from 2022/23 (n=1647) to 2023/24 (1868). It is therefore anticipated that there will be more quits during the year, hence the year-end forecast is Amber.</p> <p>This performance indicator includes all reported quits from West Sussex Public Health commissioned smoking cessation services, which are targeted at the following groups, as per National Institute for Health and Care Excellence (NICE) guidance and because these providers can actively engage these groups: West Sussex Wellbeing Service – working with people in the 20% most deprived areas of each district and borough in West Sussex, English as a second language, carers, young people leaving care, individuals with learning difficulties, clients with autism, individuals with serious mental illness (SMI). Primary Care (GPs and pharmacies) – smokers with one or more of the following Long-Term Conditions: cardiovascular disease, Chronic Obstructive Pulmonary Disease (COPD), asthma, diabetes type 1 and 2, cancer.</p> <p>Actions: As part of the Government’s announcement to create a ‘smokefree generation’, additional ring-fenced funding has been confirmed for local authority led stop smoking services and support, through the Local Stop Smoking Services and Support Grant 2024–2025. The additional grant funding will enable a significant increase in service capacity, supporting those who live or work in West Sussex to quit smoking. This will contribute to achieving the national Smokefree 2030 ambition of achieving smoking prevalence of 5% or less.</p>						
<p>Measure: Smoking prevalence in adults (18+) – current smokers (APS) - to achieve Smokefree 2030 prevalence of 5% or below.</p> <p>Reporting Frequency: Annually.</p> <p>Aim Low Measure.</p>	10.2%		2021	2022		R
		New Measure – No Data	12.4%	12.5%		
<p><i>Please note: A RAG rating is not provided for data period 2021, as this is a new measure in the Council Plan for 2023/24.</i></p>						
<p>Performance Analysis: Jun-24: Smoking prevalence is measured by the Annual Population Survey, which is reported annually and published in arrears. Consequently, the impact of current tobacco control activity undertaken for the full reporting period 2023/24 will be measurable in 2025/26, as the survey will be undertaken in 2024, with results published in 2025. Prevalence data for 2022 was published in August 2023 and has increased by 0.1% (to 12.5%) from 2021 prevalence of 12.4%. The decreasing trend in smoking prevalence in West Sussex over previous years appears to now be levelling off, indicating a need to continue to prioritise this work. Data collection methodology has changed, therefore data prior to 2021/22 is not comparable.</p>						

Public Health and Wellbeing	2024/25 Target	Performance Over The Last 3 Periods	DoT	Year End Position or Forecast
<p>Actions: Work to implement the West Sussex Tobacco Control Strategy Action Plan, driven by the West Sussex Smokefree Partnership, is progressing, including:</p> <ul style="list-style-type: none"> Disrupting the illicit/underage sale/supply of illicit tobacco and vaping products: West Sussex Public Health has funded additional Trading Standards enforcement officers, who are focussing on tackling the sale of illegal vapes and illicit tobacco in the county. NHS Health Checks, delivered in GP practices, are targeted towards people who smoke. A No Smoking Day campaign was run in March 2024 to promote the availability of local stop smoking service. <p>As part of the government’s announcement to create a ‘smokefree generation’, additional ring-fenced funding has been confirmed for local authority led stop smoking services and support, through the Local Stop Smoking Services and Support Grant 2024/2025. The additional grant funding will enable a significant increase in service capacity, supporting those who live or work in West Sussex to quit smoking. This will contribute to achieving the national Smokefree 2030 ambition of achieving smoking prevalence of 5% or less.</p>				

Finance Summary

Portfolio In Year Pressures and Mitigations

Pressures	(£m)	Mitigations and Underspending	(£m)	Year end budget variation (£m)
Public Health and Wellbeing Portfolio - Total	£0.000m		(£0.000m)	(£0.000m)

Financial Narrative on the Portfolio’s Position

- As at June, the forecast for the Public Health and Wellbeing Portfolio is a balanced budget.
- Large areas of public health expenditure are activity-based for which reporting and payments take place in arrears. Whilst there were unspent funds within the 2023/24 financial year due to activity volumes in some areas of public health being below budgeted levels and not yet recovering to pre-pandemic levels, the limited early insight currently available for the 2024/25 financial year suggests the Portfolio is projecting a balanced budget. This includes the planned agreed use of Public Health funding carried forward from 2023/24, to fund eligible services that improve public health outcomes and reduce inequalities in West Sussex. This approach embraces public health ambitions across the Council, increasing the impact on improving the health of our local population and reducing inequalities.
- It is, however, recognised that the level of population need has increased in a number of areas, including mandated public health services, and the County Council has seen changes in the way residents prefer to use some services differently. Alongside this, primary care continues to experience extreme

pressures, impacting on delivery of services. As such, a review of delivery models in these areas are taking place and the full budget allocation for mandatory public health services will be utilised.

Savings Delivery Update

6. The portfolio has no named saving targets for 2024/25.

Capital Programme

7. Currently, there are no Public Health and Wellbeing capital schemes within the County Council's Capital Programme.
8. A summary of the latest Capital Programme Budget Monitor is reported in **Appendix 4** and full details of all individual schemes are set out in the [Budget Report](#) published in February 2024.

Risk

9. There are no corporate risks assigned to this portfolio. Risks allocated to other portfolios are specified within the respective portfolio sections. Further detail on all risks can be found in **Appendix 5** - Corporate Risk Register Summary.
10. Full details of the latest Risk Register, including actions and mitigations can be found under the County Council's [Regulation, Audit and Accounts Committee Agenda](#) website.