





Vision 2025 Strategy

What is “Vision 2025” – Our outcomes and goals for Sussex

Our Outcomes	Measured by	Our Goals	
<p>People will live more years in good health</p>	<p>Healthy and disability-free life expectancy at birth and at age 65</p>	<p>Starting well</p> 	<ul style="list-style-type: none"> ✓ Improved mother and baby health and wellbeing, especially for those most in need ✓ Children growing in a safe & healthy home environment with supporting and nurturing parents and carers ✓ Healthy lifestyles and resilience will be promoted, including in school and other education settings ✓ Good mental health for all children ✓ Children and young people leaving care are health and independent
<p>The gap in healthy life expectancy between people living in the most and least disadvantaged communities of Sussex will be reduced</p>	<p>Inequality in healthy life expectancy at birth</p>	<p>Living well</p> 	<ul style="list-style-type: none"> ✓ Individuals, families, friends and communities are connected ✓ People have access to good quality homes providing a secure place to thrive and promote good health, wellbeing and independent living ✓ People have the knowledge, skills and confidence to self-manage, and to protect their own health ✓ People live, work and play in environments that promote health and wellbeing
<p>People’s experience of using services will be better.</p>	<p>Access to health and care, quality of care, and experience of health and care</p>	<p>Ageing well</p> 	<ul style="list-style-type: none"> ✓ Fewer older people feel lonely or socially isolated ✓ There is a reduction in number of older people having falls ✓ Older adults stay healthier, and happier ✓ More people are helped to live independently in the community by services that connect them with their communities. ✓ People receive good quality end of life care and have a good death
<p>Our staff will be working in a way that really makes the most of their dedication, skills and professionalism</p>	<p>Cost per capita of health and care</p>	<p>Better care</p> 	<ul style="list-style-type: none"> ✓ Improved mental health and wellbeing and easier access to responsive mental health services ✓ Access to urgent care for those who need it is quick and effective ✓ Services are responsive and flexible and supported by effective use of technology ✓ Our specialist services are harnessing the potential of breakthroughs in medical science and the use of data