
West Sussex Health and Wellbeing Board

28 January 2021

Learning Disability Awareness

Report by Learning Disability and Autism Commissioner on behalf of the Learning Disability Partnership Board

Summary

The West Sussex Learning Disability Partnership Board (LDPB) is made up of people with learning disabilities, carers and people from health and community services.

The LDPB works to improve the lives of people with learning disabilities and their families in West Sussex. It works for and with people with learning disabilities as equal partners and in many ways its work is led by them.

Much of its work concerns the lives of adults, but it also works to improve life chances for young people and adults in the future.

The attached report at Appendix 1 is written in Easy Read. Easy Read is about making written information easier to understand by using short, simple sentences with pictures. Easy Read documents are one way to make information more accessible to people with learning disabilities.

This report focuses on preventing health inequalities in people with a learning disability and digital inclusion so that nobody is excluded due to a lack of digital access, confidence or skills.

Recommendations to the Board

The Health and Wellbeing Board is asked to;

- (1) endorse the actions of the Learning Disability Partnership Board which works to improve the lives of people with learning disabilities and their families in West Sussex; and
- (2) consider actions each member will take forward in their respective roles and organisations to improve accessibility and health outcomes for those with Learning Disabilities.

Relevance to [Joint Health and Wellbeing Strategy](#)

The Joint Health and Wellbeing Strategy recognises that Life expectancy is considerably lower for people with mental health problems and people with learning disabilities. The refreshed Strategy, 2019-2024, seeks to further improve the health and wellbeing of local people across the whole of West Sussex, and in particular address the health inequalities that are present in the county at all stages of people's lives.