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| Date of meeting: | 12 July 2018 |
| Item Title: | Child Obesity Task and Finish Group |
| Executive Summary: | <p>The aim of this item is to</p> <ul style="list-style-type: none"> • provide an overview of child overweight and obesity • update on the West Sussex County Council Task and Finish Group on Child obesity • gain support from the Health and wellbeing Board to create a whole system approach to tackling obesity <p>Obesity is a major public health problem costing West Sussex an estimated £415million per year. On average it deprives an individual of 9 years of life. Nationally nearly a third of children aged 2 -15 are overweight or obese and younger; each successive generation is becoming obese at an earlier age and staying obese for longer. We may see the first generation with shorter life expectancy than their parents.</p> <p>In West Sussex, about 20% of children starting school (Year R) and 30% going into secondary school (year 6) are overweight or obese. The pattern of weight in West Sussex children is in line with that for England. It is an inequalities issue with a higher prevalence in the more deprived areas.</p> <p>A number of risk factors for being above a healthy weight are recognised. The impact of obesity and overweight is seen across the lifespan.</p> <p>A wealth of evidence suggests that a whole system approach should be taken to address the issues associated with unhealthy weight in a population. Taking this approach will release a number of co-benefits.</p> <p>The West Sussex Task and Finish Group established in December 2016 was led by the Cabinet Member for Community Wellbeing and had cross party membership. The group met three times and published its recommendations in March 2017.</p> |

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| | <p>Recommendations were made across the environment, community and individual levels. Progress has been variable across the recommendations, with some dependencies on national pieces of work which have been deferred. The presentation highlights the achievements so far and makes recommendations for the Health and Wellbeing Board membership.</p> |
| Recommendations for the Board: | The Health and Wellbeing Board is asked to encourage all partners to take a systematic approach to obesity, particularly in place-based interventions and community-based individual activities. |
| Relevance to Joint Health and Wellbeing Strategy: | This supports the Early years priority of the Joint Health and Wellbeing Strategy |
| Financial implications (if any): | |
| Consultation (undertaken or planned): | |
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