

West Sussex Health and Wellbeing Board



Healthwatch Youth Pack

January 30, 2020

Report by Healthwatch West Sussex

Executive Summary

This presentation concerns an overview of the new Youth Pack resource which will be made available to all stakeholders later in the Spring.

The Health and Wellbeing Board is asked to:

Promote awareness and endorse use of the Youth Pack to facilitate engagement with young people in ways that are meaningful for them, to test new ideas and evaluation services at an early stage of planning

- 1. Background** – From engaging with Young People in 2019 we have found it is clear that Young People actively want to be part of developing solutions for their own mental and emotional health. We have coproduced this pack in response to identifying a gap in current engagement activities.

We see this as highly relevant to the Children First Agenda as it is an asset to achieving some of the aspirations.

- 2. Proposals** – The Draft pack has already been further tested with schools, colleges and Youth Groups.
- 3. Next Steps** – Healthwatch Plan to make the pack available, as a free resource, to all relevant stakeholder and community partners.