



<b>Date of meeting:</b>	30 <sup>th</sup> January 2020
<b>Item Title:</b>	Starting Well and Children First in Adur and Worthing: Young people, wellbeing and mental health
<b>Executive Summary:</b>	<p>This report sets out some of the background work that has been carried out in Adur and Worthing by leaders in the system around the Starting Well and the Children First agenda.</p> <p>It sets out some connected issues around a 'thrive' agenda in relation to wellbeing and mental health and is premised around the need for a place-based approach, in order to bring about the change needed for young people.</p>
<b>Recommendations for the Board:</b>	<p>To hear and acknowledge the work that has been done, especially around Find it Out Plus.</p> <p>Consider how this way of place-based working can be supported to grow and embedded across West Sussex to support Starting Well and a Children First approach.</p>
<b>Relevance to <a href="#">Joint Health and Wellbeing Strategy</a>:</b>	<p>Starting Well, young people. Mental health and emotional wellbeing Children First Approach.</p>
<b>Financial implications (if any):</b>	<p>Finances to support this work are in place for the pilot period There will be financial implications to ensure the continuation of this service but the HWB is not being asked to consider these at this point</p>
<b>Consultation (undertaken or planned):</b>	<p>Consultation has been carried out with approximately 1,200 young people, as set out in the presentation and further work is planned. Young people's boards are being established alongside the Find it Out Plus work.</p>
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