# Joint Carer Strategy 2021-2026

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THE WEST SUSSEX WAY

# Joint Carers Strategy 2021 -2026

- Provides a clear direction of travel for carer identification and support in West Sussex.
- It has been developed via a robust approach, with engagement with carers of all ages & wider stakeholders.
- By also considering and incorporating statutory guidance, key policy documentation and national research an overarching six pillared approach to tackle the issues carers face has been devised.

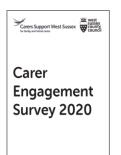




# **Carer Engagement**

169 survey responses to our Stakeholder Survey

132 survey responses to our Young Carer Engagement Survey



1000 plus survey responses to our adult Carer Engagement Survey (915 online and 85 postal)

5 Carer focus groups hosted (in person and online) with participation from 34 carers



144 respondents to a follow up survey testing the initial recommendations



We will
recognise, value, involve
and support the role carers play
including when they are patients themselves
or are our colleagues

# Reduce carer isolation Limit financial hardship Contingency planning Greater recognition Carers and Young Carers Statutory duties/Prevention /Independence/Health equality



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#### **Benefits**

- Further development of a shared clear, consistent language and approach to the delivery of support to Carers.
- Promote better working together between Adult Social Care services, NHS commissioners, providers and third sector organisations that support Carers of all ages.
- Carers' improved health and wellbeing; thereby supporting the aspirations of the Joint Health and Wellbeing Strategy.





### Strategy delivery

- Following publication, under the development of health and social care project workstream, further understanding will be gained about the 'vision of a good life' for carers and their cared for.
- The Carers Strategic Partnership Group will work collaboratively on carer, and young carer support towards the aim and goals set out. It is a well represented group including the charitable sector and the 'Carer Voice'.
- NHS England will be able to provide support in respect of any objectives that dovetail with the NHS Long Term Plan e.g. contingency planning and 'top tips' for general practice in respect of young carers.





### Thank you



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